

A Slice of Life

Tasha Levy



When Tasha Levy started her position as a Food Service Worker about three years ago, she brought with her a positive attitude and a daily motto: Let's rock 'n' roll.

A graduate of Grover Cleveland High School and a mother of six children, Tasha is a member of Hearty Helpings' Diversity Equity and Inclusion Committee, which will hold its first meeting this month.

In this installment of "A Slice of Life," she discusses aspects of her workday and the importance of her daily motto.

Q. How do you begin your workday, and what are your responsibilities?

A. I start at about 7 a.m. each day. I am responsible for prepping the cold room. I make sure everything is wrapped, stocked and ready to go. I also work on the hot line each day.

Q. Is there a personal ideal that helps motivate you each day?

A. You have to come in with the mindset that I am here because there are people who need help, and that's why we do what we do. You have to keep a positive attitude. To me, it's not just a paycheck. This is about coming in to do a service that is a necessity for people.

Q. How do you maintain your positive attitude?

A. You have to leave anything bad about your day in your car. Bringing anything negative with you to work will only hurt the people who need their meals on time. People depend on all of us.

Q. What do you enjoy about working for Hearty Helpings?

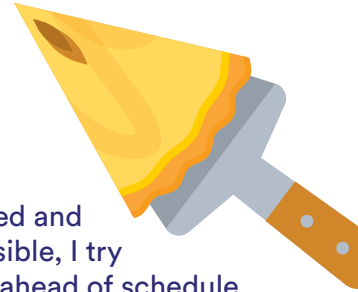
A. For me, I love staying organized and getting jobs done. Whenever possible, I try to stay at least two-to-three days ahead of schedule with my responsibilities. If you don't have structure or a game plan, then what you are trying to do won't work. I also like to be on time and meet deadlines. I'd much rather be ahead than on time or even behind. There is no time for procrastination.

Q. Would you like to add anything about your food services work with Hearty Helpings?

A. I love what I do. I also hope that I inspire others and get others motivated while we work. I really enjoy my time here.

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*A Slice of Life is a feature that will be included in each edition of Extra Helpings. Each piece will profile a Hearty Helpings employee and their experiences and responsibilities. To suggest an employee who should be profiled in this section, reach out to **Don Rudewicz** directly or email drudewicz@heartyhelpings.org. Please state the reason for suggesting the employee be profiled by Extra Helpings. ❤️*



happy birthday

- Nov. 1 - **Jamar Montgomery**, Driver
Tiarra Jackson, Driver
- Nov. 5 - **Tasha Levy**, Food Service Worker
- Nov. 6 - **Nick Lovett**, Driver
- Nov. 14 - **Tara A. Ellis**, President and CEO
- Nov. 22 - **Alvin Kenner**, Food Service Worker



welcome



James Perry
Sanitation



Marnita Peterson
Food Service Worker



Alex Stevens
Cook Supervisor



Nick Lovett
Driver

smaller portions

fall apparel store coming soon

The online Hearty Helping's apparel store will be open for two weeks, beginning **Monday, Nov. 6.**

The store will feature HHI-themed clothing and accessories.

Each employee will receive a \$25 credit in their online store account to use for an apparel order. Be on the lookout for more information about the store's opening! If you need assistance ordering, please reach out to Jessica Maddex or Christine Sperduti. ❤️



pie potluck:

As a way to celebrate Thanksgiving, a pie potluck is being planned for **Tuesday, Nov. 21.** Anyone who would like to take part in the festivities is welcome to bring a pie to share with their coworkers. Further information will be provided as the date approaches. ❤️



rock out hunger:

FeedMore WNY's annual Operation Rock Out Hunger will be held from Tuesday, **Nov. 14, through Tuesday, Nov. 21.** The event features 97 Rock's DJ Jickster spending one week in a FeedMore WNY trailer as he helps collect food and funds for those in need during the holidays.

For more information about the event and how to help, scan the QR code or visit this link:

<https://www.feedmorewny.org/rock-out-hunger/> or scan the QR code. ❤️

